



ACR NEWS BULLETIN

2011 - August – 04 Vol 2 - 1

To: Family Councils and Members of ACR

** Please help us spread the word! We encourage you to circulate this Bulletin among your networks of those interested in residential care in BC. **

REMINDER – Have you registered yet?

Fourth FAMILY COUNCIL CONFERENCE - *Caring in residential care - drawing the circle wide*

Saturday, 13 August 2011, Unitarian Church 49th and Oak Street, Vancouver

**Check our website www.acrbc.ca for Information and Registration *Register Now* -*

Deadline for Registration extended !

Morning:

Keynote: *Caring on Empty? - Wellness for family and friends of those in residential care.*

Presenter: Jan Spilman, MEd., BC Registered Clinical Counsellor .

Afternoon sessions:

Topic: *The Eden Alternative – A Gift for Residents, Families and Staff*

Presenter: Lori Amdam, RN, MSN, Dip Health Care Mgt.

Topic: *Music Therapy: Caring in Tune.*

Presenter: Susan Summers, MMT, MTA, Faculty, Music Therapy Dept., Capilano University

[Upcoming Events](#)

Dialogue on Aging

The 9th Annual Geriatric British Columbia Geriatric Services Conference – Friday October 14, 2011, Vancouver Convention Centre. (Tapestry Foundation)

Topics this year include: the latest research and best practices related to dementia and other mental illness, osteoporosis medications (including antipsychotics), risk and safety concerns, elder abuse, as well as legal matters for advance planning.

For information: www.tapestryfoundation.ca NB. Early Bird pricing of \$195 until midnight Sept 10, 2011

ACR AGM: *Saturday, 10 September 2011-09- 10 - More information to come.*

Resources

Love Language Workshop



Pam Hamilton, who works as a Recreation therapist at Columbus Residence Long Term Care has developed a workshop based upon Gary Chapman's book "The 5 Love Languages- #1 New York Times bestseller". Pam's personal experience with the lessons learned from both marriage and parent workshops based upon the book and her experience with her father who had Alzheimer's' led her to see a place for adaptation of the material presented in the book to residential care. She has now developed a 'Love Languages' Workshop that she has presented at her residential care facility in Vancouver that has been well received. Pam has a passion to share what she has learned with others, as they too, learn to communicate more effectively with their loved ones, including those in residential care.

To learn more, contact Pam Hamilton, at pam_friesen@hotmail.com or 604-530-8073.

The Remaining Light - Have you seen it yet? It's a must see!

"A film by Goh Iromoto and Shannon Daub. **The Remaining Light** is a journey through an often-invisible part of Canada's health care system. Set against the backdrop of an aging population and a system of seniors' care in crisis, the film explores what it means to age and die with dignity. Seniors, their families, and experts in the field – including those who work day-to-day with seniors – talk about the services and supports that are needed, where we are failing, and their hopes for stronger system of care.

The film set in British Columbia, Canada – also provides context about community-based health care policy and funding in BC. A discussion guide and fact kit is available to go with this film."

A poignant, thought-provoking film that both raises awareness of the 'elder care' component of health care and serves as a stimulus for dialogue. Great for family councils, seniors groups, health care staff, community groups, families, and anyone who is getting older - to view, learn, think about and discuss.

Sponsors: The research was conducted through the [Economic Security Project](#), a research initiative led by the CCPA and Simon Fraser University, and funded by the Social Sciences and Humanities Research Council of Canada (SSHRC). The film is a joint presentation by the CCPA and the Hospital Employees' Union. Financial support received from the HEU and Vancity for this project.

For additional information and to view "The Remaining Light"

Online: All the materials can be accessed from the website:

<http://www.policyalternatives.ca/projects/seniors-care>

If you wish a DVD and hardcopy Presentation Kit, email bcseniors@policyalternatives.ca with your full contact information (name, address, etc.)

“The caregiver’s role is to cure sometimes, to relieve often and to comfort always.”

Anon 16th century

Disclaimer This bulletin contains material that is meant to be informative, thought-provoking and promote dialogue. This material is for information only and should not be construed as an endorsement of the views expressed; products or services mentioned and should not replace consultation with the appropriate qualified professionals. Individuals who require medical, legal or other expert advice should consult with the appropriate qualified professional. ACR does not endorse any specific approach to care. The views and opinions expressed are not necessarily those held by the ACR Board of Directors and staff.